

East Sussex School Health Team

# School nursing:

## Promoting and protecting wellbeing

School nurses provide a range of services aimed at supporting children and young people to have the best possible health and education outcomes.

We work with children, young people and families and our services include:

### Reception year

School entry health screening  
National Child Measurement Programme  
(height and weight measurement).

### Year 6

National Child Measurement Programme  
(height and weight measurement).

### Year 8

Human Papilloma Virus (HPV) vaccination programme.

### Year 10

Booster vaccinations:  
Tetanus, Diphtheria,  
Polio 3-in-1 and Meningitis.

We also provide advice, support and signposting for:

- daytime and night time wetting and soiling
- behaviour management
- healthy eating and lifestyle
- emotional health and wellbeing
- puberty and growing up
- sexual health, including Chlamydia screening
- stopping smoking
- drug and alcohol misuse
- complex health needs.

Visible, accessible and confidential.

Visit [www.kentcht.nhs.uk](http://www.kentcht.nhs.uk) for more information.