

# CLAVERHAM COMMUNITY COLLEGE

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Principal: Mr P. Swatton, B.Eng (Hons)

Date: 8<sup>th</sup> November 2018

Ref: JAP

Dear Parent/Carer,

## **Teen Triple P Positive Parenting Programme**

We are very pleased to be able to offer the '**Teen Triple P Positive Parenting Programme**' at Claverham Community College. These sessions are organised in collaboration with East Sussex County Council and provide a great opportunity to gain proven advice in order to help you and your child deal positively with everyday situations. In addition the sessions will give you the chance to meet with other parents in similar situations, provide support to each other, share stories and benefit from each other's experiences. Please see the flier sent out with this letter for more information.

The programme will run at the College in Room 59 (the Eco-building) on the following dates. You are welcome to attend all four sessions or select a particular one to suit your needs. Places are limited and will need to be booked.

Session 1	Reducing family conflict	22 <sup>nd</sup> November 6.00-8.00pm
Session 2	Coping with Teenagers Emotions	29 <sup>th</sup> November 6.00-8.00pm
Session 3	Getting Teenagers to co-operate	6 <sup>th</sup> December 6.00-8.00pm
Session 4	Building teenagers survival skills	13 <sup>th</sup> December 6.00-8.00pm

If you would like to book a place please email me with your name, a contact number and a note regarding the sessions you would like to attend. I will then confirm your place. Please note that this course is specifically for parents and carers; so children should not attend the sessions. If you are unable to attend once I have confirmed your place please do let me know so I can offer your place to another parent.

Yours sincerely

A handwritten signature in cursive script that reads "J. Pitman".

Mrs. J Pitman  
Head of PSHE

To book your place please email: **PSHE@claverham.org**