

GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>MEXICAN Chicken Molay 93156759</p> <p>Mexican Yellow Rice * 93156761</p> <p>Green Beans 93153275</p>	<p>CHINESE Aromatic Soy Pork with Egg Noodles 93070142</p> <p>Wok Tossed Oriental Vegetables 93130848</p>	<p>MEDITERRANEAN Beef Pasticcio 93160009</p> <p>Garlic and Herb Bread Wedge * 93119266</p> <p>Broccoli 93143358</p>	<p>MEXICAN Chicken Tinga Tortilla 93159934</p> <p>Tomato and Corn Rice 93159972</p> <p>Apple Slaw 93129265</p>	<p>BRITISH Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93036011 OR Peas 93065563</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER Bacon Mac n Cheese 93160004</p>	<p>WINGS & THINGS Lemon Piri Chicken Pitta 93156785</p>	<p>DEEP SOUTH DINER Ultimate Cheese Burger 93156800</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER Deep South Turkey Burger 93159954</p>
	<p>Cajun Bean and Feta Burger 93159953</p>	<p>Smoky Cauliflower Cheese 93156770</p>	<p>Sweet Potato & Squash Stew 93101314</p>	<p>Sweetcorn Chickpea Veggie Burger 93153900</p>	<p>Boston Bean Casserole 93130977</p>
	<p>Paprika Potato Wedges (no oil) 93130895</p>	<p>New Orleans Red Bean Rice 93159957</p>	<p>Cajun Potato Wedges (no oil) 93157065</p>	<p>Potato and Onion Hash 93147111</p>	<p>Chips (oil) 93124814</p>
	<p>BBQ Beans 93129227</p>	<p>Chop Chop Salad 93153242</p>	<p>Peas 93065563</p>	<p>Caesar Salad 93129328</p>	<p>Corn Slaw 93153240</p>
SPEEDY ITALIAN	<p>Veggie Supreme Pizza (v) 93135569</p>	<p>3 Cheese Sicilian Pizza (v) 93135631</p>	<p>Hawaiian Pizza 93128494</p>	<p>Bacon Pizza 93041401</p>	<p>Veggie Hot One Pizza (v) 93128498</p>
	<p>Veg Bolognese Pasta (v) 93102889</p>	<p>Arrabiata Pasta (v) 93147953</p>	<p>Chunky Vegetable Pasta 93137661</p>	<p>Beef Lasagne 93046483</p>	<p>Herby Tomato Pasta (v) 93147954</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>

Wholegrain * Oily Fish ***



GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>MEDITERRANEAN Moroccan Style Chicken Stew 93154842</p> <p>Spiced Cous Cous 93042973</p> <p>Broccoli 93143358</p>	<p>CHINESE Five Spiced Beef 93159931</p> <p>Chinese Style Rice 93159971</p> <p>Sweetcorn 93094208</p>	<p>BRITISH Roast Pork 93098927</p> <p>Roast Potatoes (oil) 93035127</p> <p>Seasonal Cabbage 93143359</p> <p>Carrots 93065561</p> <p>Gravy 93034775</p>	<p>JAPANESE Teriyaki Glazed Chicken Thigh 93128109</p> <p>Pineapple Rice * 93156734</p> <p>Pickled Cucumber Salad 93128253</p>	<p>BRITISH Fisherman's Pie *** 93160249 (oily fish)</p> <p>Peas 93065563</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER New York Hot Dog 93142777</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER Beef Burger 93129200</p>	<p>WINGS & THINGS Chicken Mayo Bun 93153888</p>	<p>DEEP SOUTH DINER Chipotle Bbq Pork 93080520</p>
	<p>Louisiana Bean Pot 93159955</p>	<p>Cauliflower and Creamed Corn Bake 93130867</p>	<p>Sweet Potato & Black Bean Enchilada 93129220</p>	<p>Butternut Squash Feta Bake 93159973</p>	<p>Quorn Sausage Pattie & Cheese Bun 93133732</p>
	<p>Paprika Potato Wedges (no oil) 93157066</p>	<p>Garlic Bread* (no oil) 93154277</p>	<p>Baked Garlic & Herb Potato Wedges (no oil) 93157067</p>	<p>Cajun Potato Wedges (no oil) 93157065</p>	<p>Garlic Fries 93159936</p>
	<p>Red Slaw 93130896</p>	<p>Southern Greens 93154278</p>	<p>Peas 93065563</p>	<p>Corn on the Cob 93130897</p>	<p>American Style Slaw 93101975</p>
SPEEDY ITALIAN	<p>Veggie Hot One Pizza (v) 93128498</p>	<p>Chicken Supreme Pizza 93128497</p>	<p>Veggie Supreme Pizza (v) 93135569</p>	<p>Bacon Pizza 93041401</p>	<p>Sicilian Cheese & Tomato Pizza (V) 93137894</p>
	<p>Arrabiata Pasta (v) 93147953</p>	<p>Herby Tomato Pasta (v) 93147954</p>	<p>BBQ Chicken Pasta* 93147137</p>	<p>Beef Lasagne 93046483</p>	<p>Italian Chicken Pasta 93147955</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>
	Wholegrain * Oily Fish ***				

GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	INDIAN Chickpea and Tomato Masala 93153187 Naan Bread 93034973 Cucumber Raita 93142255	CARIBBEAN Cuban Style Chicken 93159932 Wholegrain Rice * 93109633 Peas 93065563	MEXICAN Beef Birria 93147225 Mashed Potato 93095567 Roasted Broccoli and Peppers 93159951	THAI Chicken Pad Khing 93156732 Sweetcorn 93094208	BRITISH Home-made Battered Fish Fillet 93105116 Chips (oil) 93124814 Baked Beans 93036011 OR Peas 93065563
HIGH STREET FAVES	DEEP SOUTH DINER Beef Chilli 93129204	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941	DEEP SOUTH DINER Quorn Cheese Burger 93153364	WINGS & THINGS Chicken Caesar Burger 93159952	DEEP SOUTH DINER Cajun Pulled Pork & Bean Pitta 93147141
	Smoked Houmous and Vegetable Wrap 93159974	Veg & Bean Quesadilla 93086623	Loaded Triple Mac 'N' Cheese 93129233	Bean and Vegetable Chilli 93127708	Feta and Chickpea Cake with Salsa 93086621
	Lemon and Herb Piri Rice 93159956	Pasta Salad * 93122369	Baked Garlic & Herb Potato Wedges (no oil) 93157067	Paprika Potato Wedges (no oil) 93157066	Chips (oil) 93124814
	Corn on the Cob 93130897	House Slaw 93129626	BBQ Beans 93129227	Chop Chop Salad 93153242	Pineapple Coleslaw 93154276
SPEEDY ITALIAN	Veggie Hot One Pizza (v) 93128498	3 Cheese Sicilian Pizza (v) 93135631	Mushroom & Sweetcorn Pizza (v) 93147170	Sicilian Cheese & Tomato Pizza (V) 93137894	Cajun Chicken Sizzler Pizza 93128496
	Cheesy Penne Pasta (v) 93143814	Chicken And Tomato Pasta Bake 93102883	Herby Tomato Pasta (v) 93147954	Carbonara Pasta 93137662	Beef Lasagne 93046483
	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388

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